

New Perspective...New Growth

## 8 Teaching Methods that Greatly Enhance Learning

1. Whole-Brain (right/left hemispheres):

Include both right brain processing (thinking in pictures, using rhythm, rhyme, and patterns to remember), and left brain processing (thinking in words, using sequences and numbers to remember).

2. Cognitive/Affective (mental/emotional):

Learning has as much to do with feelings as with thinking because it's through emotion that learning is moved into long-term memory.

3. Active (seeing, hearing, saying, doing):

LEARNERS are actively involved, not just passive recipients of information. It's through the DOING that the learning takes place.

4. Learner-Centered (rather than instructor centered):

Focus the learner on himself and the other learners as they explore new information. Activities are set up so that learners can learn from each other with the instructor acting as guide-on-the-side.

5. Collaborative (a learning community):

Create connections between learners so that they feel psychologically safe while learning together and so that they can be a community resource for each other.

6. Variety (teaching/learning strategies to reach all learning styles):

Include a smorgasbord of instructional methods so that the diverse learning needs of the group are met.

7. Eight Intelligences (numbers, nature, self, music, words, pictures, people, body):

Use all the intelligences to help learners gain knowledge quickly and remember it longer.

8. Environment (light, sound, temperature, food, furniture, colors, peripherals):

The environment and the physical senses are important parts of the whole learning experience.

## "If your body don't move, your brain don't groove!"

Dave Meier, Director of the Center for Accelerated Learning

## "Emotions are the FAST LANE to the Brain!!"

Doug Stevenson-World famous Speech

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